



## EXPLORE AND LEARN

### **(A) GROSS MOTOR SKILLS**

Developing large muscle coordination, balance, strength, and spatial awareness.

**Activities-** Running, jumping, hopping, climbing, throwing balls, obstacle courses.

### **(B) FINE MOTOR SKILLS**

Developing small muscle control (especially hands and fingers) for tasks like self-feeding, dressing, drawing, and eventually writing.

**Activities-** Tearing paper, manipulating play dough, stringing beads, using safety scissors, lacing cards.

### **(C) COGNITIVE SKILLS**

Fostering curiosity, problem-solving, early literacy, numeracy and general knowledge about the world.

**Activities-** Shape sorting, counting games, storytelling, singing songs, simple science experiments.

### **(D) SOCIAL-EMOTIONAL SKILLS**

Encouraging emotional regulation, sharing, cooperation, empathy and independence.

**Activities-** Role-playing, turn-taking games, group circle time, identifying feelings.

### **(E) LANGUAGE AND COMMUNICATION**

Expanding vocabulary, improving listening skills, encouraging verbal expression.

**Activities-** Rhymes, finger plays, show-and-tell, interactive reading sessions.

### **(F) FUN-BASED CONCEPT BUILDING**

Introduces early literacy and numeracy through interactive games, songs, puzzles and play-based activities that make learning engaging and intuitive.

### **(G) PEER LEARNING**

Promotes teamwork and social skills through collaborative play, group projects and shared problem-solving scenarios, encouraging children to learn from and teach each other.

### **(H) PHYSICAL DEVELOPMENT**

Encouraging sports for physical growth and well being of the children.

**Activities-** Yoga, Skating, Taekwondo, Fun Races, Junior Sports, Swimming.

### **(I) FIELD VISITS AND EXCURSIONS**

Experiential learning opportunities that take education beyond the classroom, allowing children to see, touch and interact with the real world in a supervised setting.

**Activities-** Bank Visit, Vegetable Vendor Visit, Fire Station Visit, Herbal Garden Visit, Police Station Visit, Traffic Training Park, Post Office Visit, French Exhibition Visit, Parliament House Visit, Library Visit, Fun Gaming Zones.

### **(J) JUNIOR SCIENCE EXPERIMENTS**

Experiments foster curiosity, teach core scientific principles like density and chemical reactions and develop problem solving skills in a fun and interactive way.







### **(K) NO BAG CONCEPT**

The school focuses on holistic development of every child for which the children are not burdened with heavy bags. The book set is kept in school for the whole year. Children carry only their waterbottles and school almanac everyday.

### **(L) NON-FIRE COOKING**

Non fire cooking activities are safe and engaging way to introduce young kids to culinary skills healthy eating habits and the joy of creating their own meals. Students also avail the opportunities of visiting Home Science Lab.

### **(M) SHOW AND TELL ACTIVITY**

Show and tell allows children to share personal experiences, build essential communication skills and foster a sense of community within the classroom.

### **(N) MORAL VALUES**

Moral values help children differentiate between right and wrong, develop strong character and interact positively with others.

### **(O) CULTURAL AWARENESS**

Children are exposed to multiple cultures and religions inculcating the values of equality and respect among each other. Visits to **Iskcon, Gurudwara, Church** affirms the importance of the secularism in the country. Foster empathy, respect and social responsibility by integrating stories, discussions and simple community projects focusing on diverse traditions and moral values.

### **(P) HEALTHY AND HAPPY MEALS**

The school provides fruits and healthy meals to the children beneficial for their growth and development. Meal planner is shared on monthly basis.

### **(Q) TABLE MANNERS AND ETIQUETTES**

A set of social customs that dictate behaviour during a meal, reflecting respect, courtesy and social skills towards host and fellow diners.

### **(R) LIFE SKILLS**

Hands - on activities, interactive exercises that help children develop independence, responsibility and social - emotional intelligence for navigating everyday life. For example- shoe lace tying, buttoning and unbuttoning of shirt, cloth folding, making bed, tying thread, activities and exercises are done by the children.

### **(S) WORKSHOPS**

Workshops like zero screen time, sharing is caring, empathy, kindness, oral hygiene, good habits etc.. are organised for children time to time which creates profound impact on their holistic development, fostering essential cognitive social emotional and physical skills.

### **(T) EVENTS AND CELEBRATIONS WITH PARENTS AND GRANDPARENTS**

The school organises a plethora of events like Mothers Day, Grandparents Day, Graduation Day, Annual Day, Christmas Carnival, Sports Day, Academic Adventures empowering young learners with 21st century skills. Build family bonds and cultural awareness through shared festive events, performance days, and storytelling sessions where families also participate.

### **(U) PHOTO MEMORIES**

Memories of your precious little one's childhood is captured beautifully and is given to parents in the form of E-Albums and E-Photographs.

### **(V) TRANSPORT**

Air-Conditioned transport services are also available for the children along with GPS Tracking Mechanism.

