



VSPK
INTERNATIONAL SCHOOL
Sector-13, Rohini, Delhi – 110085



*“Knowledge will bring you
the opportunity to make
a difference.”*

**HAPPY
HOLIDAYS**

SESSION 2025-26

MISSION LIFE

CLASS - VI



Dear Students,

Summer holidays are a wonderful time to relax, explore new interests, and build memories with your loved ones. However, it is equally important to stay connected to your learning journey.

This year, we are aligning our Holiday Homework with the “MISSION LIFE “ (Lifestyle for Environment) movement, encouraging all of us to adopt eco-friendly practices and live sustainably.

Let’s use this summer to become responsible citizens who care for Mother Earth while enhancing our creativity, knowledge, and skills.

Enjoy, explore, learn — and make a difference!

Do’s:

Follow a Routine: Balance study, play, and rest every day.

Stay Hydrated: Drink plenty of water and healthy drinks.

Be Eco-friendly: Plant trees, recycle, and avoid wasting resources.

Read Daily: Explore books that inspire you to care for the environment.

Spend Time Creatively: Involve yourself in art, music, craft, and eco-projects.

Don’ts:

Avoid Excess Screen Time: Limit mobile, TV, and video games.

Don't Waste Resources: Save electricity, water, and food.

Stay Indoors in Peak Heat: Avoid going out in the afternoon without necessity.

Avoid Littering: Keep your home and surroundings clean.

Don’t Be Idle: Stay active through exercise, hobbies, or helping parents.

GENERAL INSTRUCTIONS

- Holiday homework to be done in ONE scrap file for all the subjects.
- Take printouts of unseen passage and writing skill in Hindi and English and paste in the scrap file.

MATHS

Eco-friendly Budget Challenge

Plan a zero-waste party.

Kids will create a budget (using addition, subtraction, multiplication) for eco-friendly plates, cups, food, etc. used in the party and paste pictures.

Compare costs between eco-friendly and regular products and write in a tabular form.

Find the total cost of both the products used.

SCIENCE

"Mission Healthy Body" – Wellness is the way to greatness

Monitor your health activities during the summer holidays and note the improvements you observe in your height and weight from the first day to the last day of the holidays. Record this information in the given chart for one week. Make the chart attractive and paste it in your Science notebook.

Summer Holidays Activity & Health Monitoring Chart

Student Information

Student Name:	
Grade/Class:	
Tracking Period:	From: _____ To: _____

Health Measurements

Measurement	Beginning	End
Height (cm)		
Weight (kg)		

Weekly Activity Tracker

Days	Physical Activities (e.g., sports, exercise)	Mental Activities (e.g., reading, puzzles)	Social Activities (e.g., clubs, teamwork)	Health Habits (e.g., water intake, hygiene)
Day1				
Day2				
Day3				
Day4				
Day5				
Day6				
Day7				

SST

The Green law known as environmental law is a set of regulations and policies that aimed at protecting the environment.

Create your own 'Green Law' for your country that supports the Mission LIFE movement. On the political map of India locate five National Parks and five wildlife sanctuaries.

FRENCH

Roll no 1 to 15- Take a french speaking superhero and create a flashcard with its name, country, birthday etc. Paste a picture of the character. You can use an A4 size sheet.

Roll no 16 onwards- Create a collage on Disney land cartoon characters mentioning their name(nom),age ,country (ou il/elle habite)and physical description (description physique). Collage is to be made on an A3 size sheet.

SANSKRIT

‘पर्यावरण जीवन शैली’ इस विषय पर आधारित सभी विद्यार्थी संस्कृत में कविता तैयार करेंगे अथवा कक्षा में प्रस्तुत करेंगे।

VEDIC MATHS

kindly complete the pages of topic multiplication by 11 and (22-99) in book -2 .

ENGLISH

READING SKILLS

1- Read the exciting story below about a young Eco-Agent on a secret mission to save the planet. Then, put on your thinking cap and answer the questions that follow!

One sunny afternoon, 11-year-old Arya found a glowing green envelope in her mailbox. It read, “Welcome to Mission LIFE – Your Planet Needs You!” Inside was a secret badge, a magnifying glass, and a note: “You are now an Eco-Agent. Your mission: save Earth by changing small habits that harm it.”

Arya was excited. She began her mission immediately. She turned off lights when leaving a room, used a steel bottle instead of plastic, and even started a ‘green club’ in school. Her club members picked litter in the park and taught others how to reuse things.

One day, the Chief of Mission LiFE called her on a video watch. “Arya, great job! You’ve inspired 60 students to become eco-agents too. You’ve reduced 200 plastic bottles from your school alone!”

Arya smiled. She had no cape or superpowers. But she had something stronger – the power to make a change.

From that day, Arya promised to protect Earth with every choice she made. And guess what? You could be the next secret eco-agent too!

Ready? Now answer the questions that follow!

A- What can be understood about Arya’s personality from the story?

- a) She was lazy but clever
- b) She was kind and took initiative
- c) She liked video games more than nature
- d) She did things only for rewards

B- The phrase “She had no cape or superpowers” suggests that:

- a) She was jealous of real superheroes
- b) She wanted to fly like Superman
- c) Ordinary people can make a big difference
- d) Only superheroes can save the Earth

C- The glowing green envelope in the story is most likely a symbol of:

- a) An alien message
- b) A science project
- c) An exciting call to protect the Earth
- d) A birthday invitation

D- How did Arya’s small actions lead to a bigger impact?

E- If you were given the same secret envelope, what would be the first thing you’d do to help Earth?

WRITING SKILLS

2- Imagine you are Mother Earth. You're feeling tired because of pollution, plastic, and wasteful habits. Write a notice to the students of Class 6, inviting them to join Mission LiFE: My Healing Team. Inform them about an upcoming eco-friendly event where they can take small steps to help you recover—like planting trees, saving water, or saying no to plastic. Include the date, time, venue, and activities.

HINDI

पठन कौशल

1- नीचे दिए गए अपठित गद्यांश को पढ़कर पूछे गए प्रश्नों के उत्तर लिखिए -

पर्यावरण में वह सब कुछ शामिल होता है जो हमारे चारों ओर है—जैसे हवा, पानी, पेड़-पौधे, पशु-पक्षी, भूमि और मनुष्य। यह हमें जीवन जीने के लिए आवश्यक सभी चीज़ें प्रदान करता है। परंतु आज मनुष्य की लापरवाहियों के कारण पर्यावरण प्रदूषित होता जा रहा है।

वनों की कटाई, वाहनों से निकलने वाला धुआँ, प्लास्टिक का बढ़ता प्रयोग और कारखानों का अपशिष्ट जल पर्यावरण को नुकसान पहुँचा रहे हैं। यदि हम समय रहते सावधान नहीं हुए तो इसका प्रभाव हमारे स्वास्थ्य और आने वाली पीढ़ियों पर पड़ेगा। पेड़-पौधे और पक्षी हमारे पर्यावरण के महत्वपूर्ण भाग हैं।

पेड़ न केवल हमें ऑक्सीजन प्रदान करते हैं, बल्कि पक्षियों को आश्रय भी देते हैं। पक्षी पेड़ों पर घोंसले बनाकर रहते हैं और कीटों को खाकर फसलों की रक्षा करते हैं। पेड़ और पक्षी दोनों प्रकृति की सुंदरता बढ़ाते हैं। हमें इनकी रक्षा करनी चाहिए ताकि पर्यावरण संतुलित बना रहे। हमें पौधे लगाने चाहिए, पानी और बिजली की बचत करनी चाहिए तथा प्लास्टिक का उपयोग कम से कम करना चाहिए। एक स्वच्छ और हरा-भरा पर्यावरण ही हमारे सुखद जीवन का आधार है।

1. पर्यावरण में क्या-क्या शामिल होता है?

(क) केवल पेड़

(ख) केवल पानी

(ग) सभी जीव और प्रकृति

(घ) केवल मनुष्य

2. पर्यावरण हमें क्या प्रदान करता है?

(क) केवल भोजन

(ख) केवल जल

(ग) आवश्यक चीज़ें

(घ) मनोरंजन

3. पर्यावरण को सबसे अधिक हानि किससे हो रही है?

(क) बारिश से

(ख) मनुष्य की लापरवाही से

(ग) पशुओं से

(घ) पक्षियों से

4. वाहनों से क्या निकलता है जो पर्यावरण को नुकसान पहुँचाता है?

(क) धूप

(ख) पानी

(ग) धुआँ

(घ) हवा

5. वनों की कटाई से क्या हानि होती है?

(क) ठंड बढ़ती है

(ख) वर्षा रुक जाती है

(ग) पर्यावरण असंतुलित होता है

(घ) पक्षी अधिक हो जाते हैं

6 स्वच्छ पर्यावरण के क्या लाभ हैं ?

7. उपर्युक्त गद्यांश का शीर्षक लिखिए।

लेखन कौशल

अनुच्छेद लेखन

‘हरित भविष्य की ओर एक कदम’- अपने विचारों को व्यक्त करते हुए 80-90 शब्दों में अनुच्छेद लिखिए।

संकेत बिंदु: – व्यक्तिगत जिम्मेदारी, पर्यावरण अनुकूल तकनीक, शिक्षा और जन जागरूकता, उज्ज्वल भविष्य



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THANK YOU



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