



VSPK
INTERNATIONAL SCHOOL
Sector-13, Rohini, Delhi – 110085



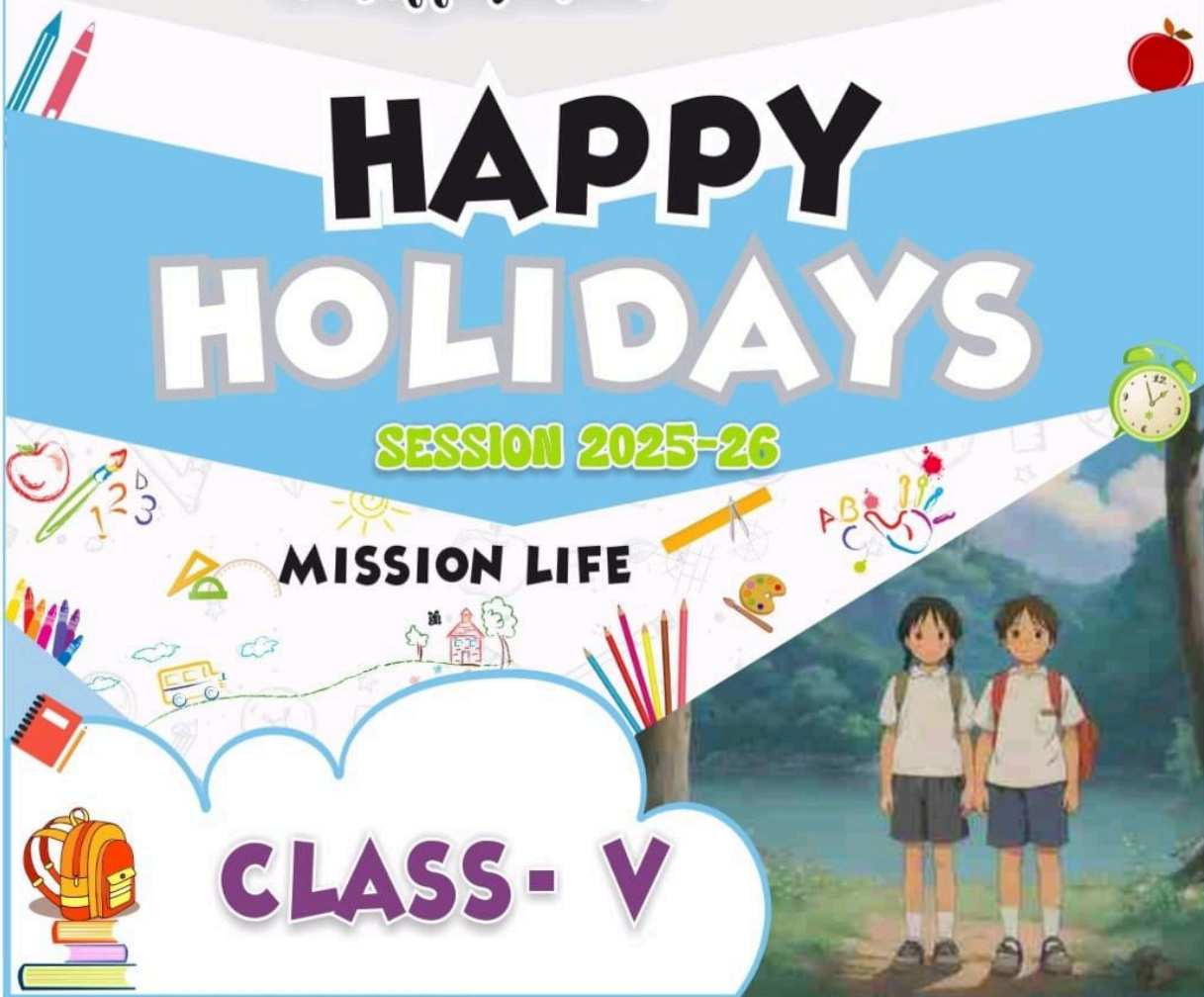
*“Knowledge will bring you
the opportunity to make
a difference.”*

HAPPY HOLIDAYS

SESSION 2025-26

MISSION LIFE

CLASS - V



Dear Students,

Summer holidays are a wonderful time to relax, explore new interests, and build memories with your loved ones. However, it is equally important to stay connected to your learning journey.

This year, we are aligning our Holiday Homework with the MISSION LiFE (Lifestyle for Environment) movement, encouraging all of us to adopt eco-friendly practices and live sustainably.

Let's use this summer to become responsible citizens who care for Mother Earth while enhancing our creativity, knowledge, and skills.

Enjoy, explore, learn — and make a difference!

Do's:

Follow a Routine: Balance study, play, and rest every day.

Stay Hydrated: Drink plenty of water and healthy drinks.

Be Eco-friendly: Plant trees, recycle, and avoid wasting resources.

Read Daily: Explore books that inspire you to care for the environment.

Spend Time Creatively: Involve yourself in art, music, craft, and eco-projects.

Don'ts:

Avoid Excess Screen Time: Limit mobile, TV, and video games.

Don't Waste Resources: Save electricity, water, and food.

Stay Indoors in Peak Heat: Avoid going out in the afternoon without necessity.

Avoid Littering: Keep your home and surroundings clean.

Don't Be Idle: Stay active through exercise, hobbies, or helping parents.

GENERAL INSTRUCTIONS

- **Holiday homework to be done in ONE scrap file for all the subjects.**
- **Take printouts of unseen passage and writing skill in Hindi and English and paste in the scrap file.**

MATHS

"Water Usage Graph"

Observe how much water is used for 3 activities at home (like brushing, bathing, watering plants) for 1 week.

Make a simple pictograph (use small drawings like taps, drops, buckets) to show water usage. Suggest ways to reduce wastage of water.

EVS

“Stay healthy, stay safe — protect yourself from communicable diseases.”

During this summer holiday, be a young researcher! Find out two diseases that spread through water, caused by which microbe (virus, bacteria, protozoa), their symptoms, and preventive measures. Present your findings in a neatly drawn table in your notebook. (Table given for reference).

To make your work more attractive, paste relevant pictures of the diseases as well.

Disease	Caused by (Microbe eg virus, bacteria)	Symptoms	Preventive Measures

French

Roll No 1-4 Write any 2-3 tongue twisters in french on A4 size sheet and learn it also.

5-8: Craft a secret box with any 5 items inside it and label them in french.

9-12: Create a calendar on A4 size sheet for the month of janvier (january)2025 and mark french festivals on it (Jour de l' an)

13-16: Create a calendar on A4 size sheet for the month of Avril(April)2025 and mark french festivals on it (Paques)

17-20: Create a calendar on A4 size sheet for the month of Mai (may)2025 and mark french festivals on it (Fête du travail , Fête de la mère)

21-24: Create a calendar on A4 size sheet for the month of Juin (june)2025 and mark french festivals on it (Fête du père, Fête de la musique)

25-28: Create a calendar on A4 size sheet for the month of juillet (july)2025 and mark french festivals on it (Bastille day)

29-32: Create a calendar on A4 size sheet for the month of Novembre (November)2025 and mark french festivals on it (Toussaint)

33 onwards: Create a calendar on A4 size sheet for the month of Decembre (December)2025 and mark french festivals on it (Noël (christmas))

Sanskrit

प्रकृति से संबंधित सभी छात्र प्राकृतिक वस्तुओं को खोज कर उनका उच्चारण करना सीखेंगे अथवा कक्षा में प्रस्तुत करेंगे।

HINDI

कविता वचन

1. 'मिशन लाइफ' से संबंधित स्वरचित कविता याद करके लयबद्धता सहित कक्षा में प्रस्तुतीकरण।

अपठित गद्यांश

2. नीचे दिए गए अपठित गद्यांश को पढ़कर दिए गए बहुविकल्पीय प्रश्नों के उत्तर चुनिए

मिशन लाइफ एक ऐसा अभियान है जो हमें पर्यावरण की रक्षा करने के लिए प्रेरित करता है। इसका उद्देश्य है कि हम अपनी रोज की आदतों में छोटे-छोटे बदलाव करें, जैसे – बिजली बचाना, पानी व्यर्थ न करना, प्लास्टिक की जगह कपड़े के थैले का उपयोग करना और पौधे लगाना। इस मिशन में बच्चे भी भाग

ले सकते हैं। स्कूलों में भी अब मिशन लाइफ से जुड़ी गतिविधियाँ करवाई जाती हैं ताकि बच्चे प्रकृति के प्रति ज़िम्मेदार बनें। अगर हर व्यक्ति यह ठान ले कि वह धरती के लिए कुछ अच्छा व बेहतर करेगा, तो हमारा भविष्य भी हरा-भरा और सुरक्षित होगा।

प्रश्न-1) मिशन लाइफ का मुख्य उद्देश्य क्या है?

- क) सैर करना
- ख) विद्यालय जाना
- ग) पर्यावरण की रक्षा करना
- घ) भाग जाना

प्रश्न-2) हमें अपनी आदतों में कौन-कौन से बदलाव करने चाहिए?

- क) पौधे लगाना
- ख) बिजली बचाना
- ग) पानी व्यर्थ न करना
- घ) सभी

प्रश्न-3) क्या बच्चे भी मिशन लाइफ में भाग ले सकते हैं?

- क) नहीं
- ख) बिल्कुल नहीं
- ग) कभी-कभी
- घ) हाँ

प्रश्न-4) स्कूलों में मिशन लाइफ से जुड़ी कौन-सी चीज़ें करवाई जाती हैं?

- क) गतिविधियाँ
- ख) प्र०/उ०
- ग) श्रुतलेख
- घ) चित्र

प्रश्न-5) हमारा भविष्य कैसे सुरक्षित होगा?

उत्तर- _____

प्रश्न 6. 'धरती' शब्द के दो पर्यायवाची शब्द लिखिए ।

उत्तर- धरती - _____ , _____

ENGLISH

My Dream Eco-City"

Imagine a city where everything is eco-friendly. Write a descriptive paragraph about how it looks, what rules it has, and how students can save nature.

Unseen Passage: " Save Earth, Save Us"

Ria was a curious 10-year-old who loved nature. One day, her teacher told the class about "Mission LiFE" – a movement started in India to help protect the Earth. "LiFE" stands for **Lifestyle for Environment**. It means making small changes in how we live so that we can save the planet.

Ria learned that throwing garbage in the right bin, saving water, switching off lights when not needed, and planting trees were all part of Mission LiFE. She was excited! She made posters about it and told her family and friends how they could help the Earth too.

During summer holidays, Ria made a plan: she would collect plastic bottles and turn them into flower pots. She also decided to write a story about animals thanking humans for saving nature. Ria felt proud because even her small actions were helping the Earth.

Mission LIFE teaches us that every person, no matter how young or old, can make a difference.

On the basis of reading of above passage answer the following questions:

1. What does "LiFE" stand for in Mission LIFE?

- A. Life is Fantastic Everyday
- B. Lifestyle for Environment
- C. Love for Everyone
- D. Learn in Fun Environment

2. What did Ria do during her holidays to help the environment?

- A. Watched TV all day
- B. Went on a picnic
- C. Made flower pots from plastic bottles
- D. Cut down trees

3. Which of the following is NOT a part of Mission LIFE?

- A. Saving water
- B. Throwing trash anywhere
- C. Planting trees
- D. Turning off lights when not needed

4. What is the meaning of the word “curious” in the passage?

- A. Bored
- B. Sleepy
- C. Eager to learn
- D. Tired

5. What value did Ria show by sharing posters and stories?

- A. Laziness
- B. Kindness and responsibility
- C. Anger
- D. Carelessness

6. Who can make a difference, according to Mission LIFE?

- A. Only adults
- B. Only students
- C. Everyone
- D. Only scientists

7. Which action from below helps save electricity?

- A. Keeping lights on all day
- B. Turning off lights when not needed
- C. Buying more bulbs
- D. Watching TV all night

8. Why did animals thank humans in Ria's story?

- A. For building houses
- B. For giving them food
- C. For saving nature
- D. For letting them sleep

9. What was Ria proud of?

- A. Playing video games.
- B. Helping her parents clean the room.
- C. Her small actions helping our planet.
- D. Getting gifts.

10. What does this passage mainly teach us?

- A. Creative activities can support environmental awareness.
- B. Writing and drawing are fun ways to enjoy holidays.
- C. Responsible actions, even small ones, can protect the Earth.
- D. Spending time with family is the best way to enjoy a holiday.

ABACUS

Kindly complete the pages of dot method addition in book-2 .



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THANK YOU

