



VSPK
INTERNATIONAL SCHOOL
Sector-13, Rohini, Delhi – 110085



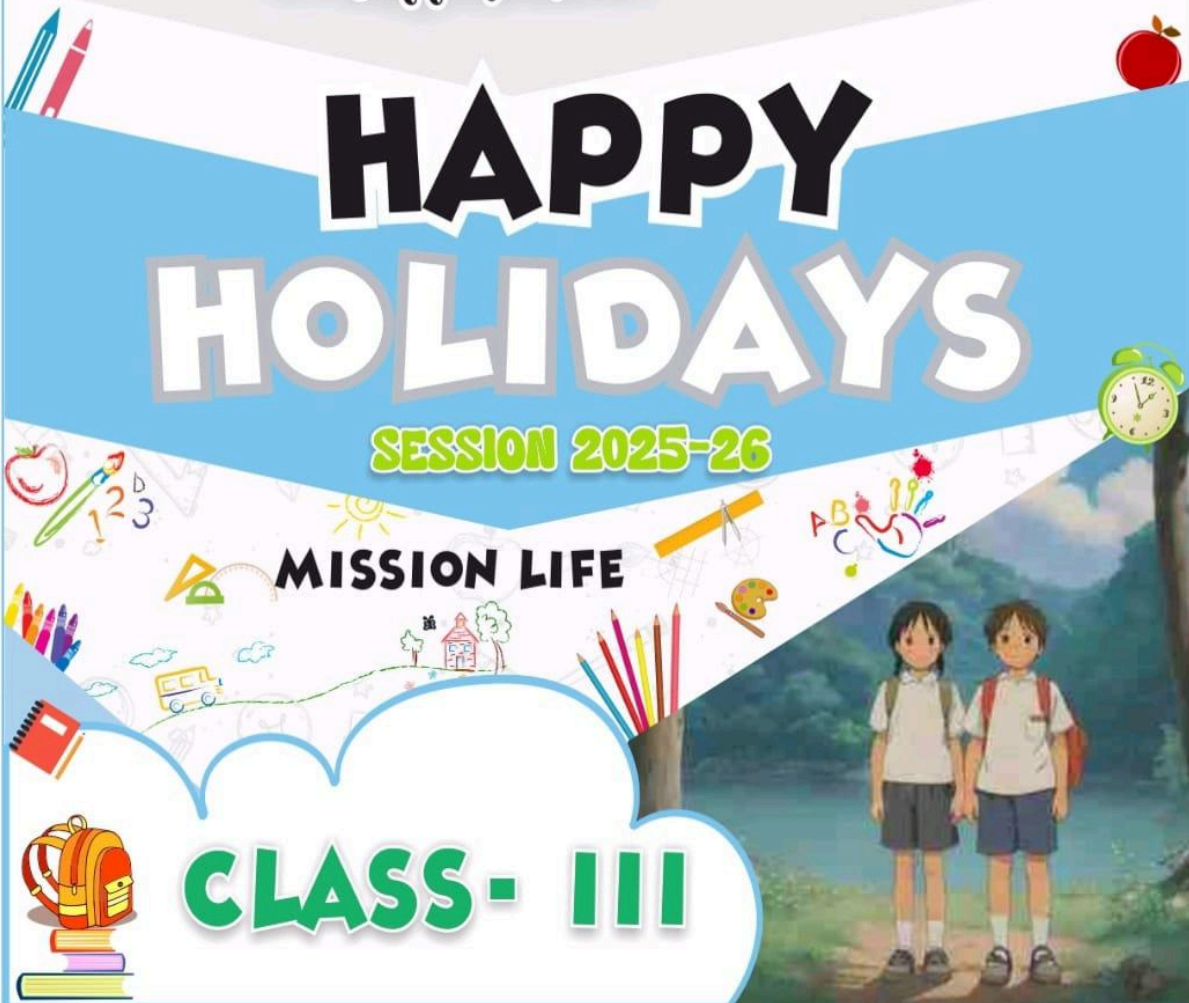
*“Knowledge will bring you
the opportunity to make
a difference.”*

**HAPPY
HOLIDAYS**

SESSION 2025-26

MISSION LIFE

CLASS - III



Dear Students,

Summer holidays are a wonderful time to relax, explore new interests, and build memories with your loved ones. However, it is equally important to stay connected to your learning journey.

This year, we are aligning our Holiday Homework with the MISSION LIFE (Lifestyle for Environment) movement, encouraging all of us to adopt eco-friendly practices and live sustainably.

Let's use this summer to become responsible citizens who care for Mother Earth while enhancing our creativity, knowledge, and skills.

Enjoy, explore, learn — and make a difference!

Do's:

Follow a Routine: Balance study, play, and rest every day.

Stay Hydrated: Drink plenty of water and healthy drinks.

Be Eco-friendly: Plant trees, recycle, and avoid wasting resources.

Read Daily: Explore books that inspire you to care for the environment.

Spend Time Creatively: Involve yourself in art, music, craft, and eco-projects.

Don'ts:

Avoid Excess Screen Time: Limit mobile, TV, and video games.

Don't Waste Resources: Save electricity, water, and food.

Stay Indoors in Peak Heat: Avoid going out in the afternoon without necessity.

Avoid Littering: Keep your home and surroundings clean.

Don't Be Idle: Stay active through exercise, hobbies, or helping parents.

General instructions:

Take out the printout and solve it .

MATHS

“Eco-Market Math” – Shop the Sustainable Way!

You have ₹500 to spend at the Eco-Market. Your job is to buy only eco-friendly items that help protect the Earth. Do not buy items made of plastic or things that are harmful to nature.

Eco-Market Price List:

| ITEM | Price (₹). | Eco Friendly |
|-------------------------|------------|--------------|
| Reusable cloth bag | 20 | Yes |
| Plastic bag | 5 | No |
| Bamboo toothbrush | 30 | Yes |
| Plastic toothbrush | 10 | No |
| Metal water bottle | 40 | Yes |
| Disposable waterbottle | 15 | No |
| Organic apples (1 kg) | 125 | Yes |
| Packed chips in plastic | 20 | No |
| Paper notebook | 35 | Yes |

Your Task:

1. Choose 4 eco-friendly items from the list.

2. Add up the total cost.

3. How much money is left with you?

4. Show your working using number sentences (e.g., ₹25 + ₹40 = ₹65).

5. If you want to buy all the eco-friendly items from the list, what will be the total cost? Will ₹500 be enough? How much more or less money will you have?

6. Why are your chosen items better for the Earth?

EVS

Family Interview

Ask your parents or grandparents:

“What eco-friendly habits did you follow as a child?”

Write 9-10 lines about what you learned from them.

HINDI

प्र-1 अपठित गद्यांश :

अनु अपनी मम्मी के साथ सब्जी लेने जाती है। वह देखती है कि मम्मी हमेशा जूट या कपड़े का बैग लेकर जाती हैं। मम्मी कहती हैं, “प्लास्टिक बैग से धरती को नुकसान होता है।” अनु अब जान गई है कि हमें ऐसा काम करना चाहिए जिससे धरती साफ और सुंदर बनी रहे। यह भी मिशन लाइफ का हिस्सा है।

दिए गए गद्यांश को पढ़कर निम्नलिखित प्रश्नों के उत्तर लिखिए -

1. अनु किसके साथ सब्जी लेने जाती है?

- क) पापा के साथ
- ख) मम्मी के साथ
- ग) दोस्त के साथ
- घ) भाई के साथ

2. मम्मी किस तरह का बैग इस्तेमाल करती हैं?

- क) प्लास्टिक बैग
- ख) कपड़ा/जूट बैग
- ग) रबड़ बैग
- घ) कागज़ बैग

3. प्लास्टिक बैग से किसे नुकसान होता है?

- क) धरती को
- ख) आकाश को
- ग) पानी को
- घ) हवा को

4. अनु क्या समझ गई कि कैसा काम करना चाहिए?

- क) गंदगी करना
- ख) बुराई करना
- ग) धरती साफ़ रखना
- घ) पढ़ाई न करना

5. यह किस मिशन का हिस्सा है?

- क) मिशन लाइफ
- ख) मिशन लड़ाई
- ग) मिशन भोजन
- घ) मिशन पढ़ाई

6. दिए गए शब्द ‘आसमान’ का सही विलोम लिखिए -

7. दिए गए शब्द 'कपड़ा' का सही बहुवचन लिखिए -

8. दिए गए गद्यांश में से दो संज्ञा शब्द चुनकर लिखिए।

प्र-2 टोकरी में डालो!

नीचे दिए गए शब्दों को सही वर्ग (व्यक्ति, स्थान, वस्तु, भाव) में बाँटो:

| |
|---------------------------------------------------------|
| किसान, बाल्टी, बगीचा, प्यार, झील, माली, स्वच्छता, झाड़ू |
|---------------------------------------------------------|

| व्यक्ति | स्थान | वस्तु | भाव |
|---------|-------|-------|-----|
| | | | |
| | | | |
| | | | |

प्र-3 कल्पना करो कि तुम "मिशन लाइफ" के एक छोटे सैनिक (सोल्जर) हो। तुम धरती को बचाने के लिए क्या-क्या काम करोगे? 5 से 6 वाक्य लिखिए-

ENGLISH

Mission Life

1. Reading Comprehension

Read the passage and answer the following questions:

Mission Life is about taking care of our Earth.

We should keep our surroundings clean and green.

Planting trees helps us get fresh air.

We must not waste water or electricity.

Using cloth bags is better than plastic ones.

Recycling old things is a smart habit.

We should not throw garbage on roads.

Walking or cycling is good for health and nature.

Animals and birds also need a safe home.

Let's all work together to protect our planet.

Multiple Choice Questions

1. What is the main idea of the passage?
 - A) Playing games
 - B) Taking care of Earth
 - C) Watching TV
 - D) Going shopping
2. What helps us get fresh air?
 - A) Plastic bags
 - B) Cars
 - C) Planting trees
 - D) Burning waste
3. What should we avoid wasting?
 - A) Books
 - B) Clothes
 - C) Toys
 - D) Water and electricity
4. What kind of bags are better to use?
 - A) Plastic bags
 - B) Paper bags
 - C) Cloth bags
 - D) Fancy bags

5. What is recycling?
 - A) Throwing things away
 - B) Reusing old things
 - C) Buying new toys
 - D) Breaking stuff
6. Where should we not throw garbage?
 - A) On the road
 - B) In the bin
 - C) In the trash can
 - D) In a dustbin
7. What is good for health and nature?
 - A) Watching TV
 - B) Playing video games
 - C) Walking or cycling
 - D) Eating candy
8. Who also needs a safe home?
 - A) Toys
 - B) Cars
 - C) Animals and birds
 - D) Robots
9. What does Mission Life ask us to protect?
 - A) Our toys
 - B) The planet
 - C) Our shoes
 - D) School bags
10. What should we do together?
 - A) Play
 - B) Eat
 - C) Protect the planet
 - D) Watch movies

2. “Helping at School”

Helping others at school makes our classroom a better place.

- **Have you ever helped a classmate or teacher?**
 - **What did you do to help?**
 - **What happened after you helped?**
- Write about a time you helped someone at school.**

ABACUS

Kindly complete the following work in the book .

Book name - NJR-1(Book-2)

Pages to be done: Page 4,5,6,8



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THANK YOU



📍 Sector- 13, Rohini, New Delhi-110085

☎ +91 85888 22255 | 9205928881

✉ vspkschool@yahoo.co.in

🌐 www.vspkinternational.edu.in